

# Relax, Restore & Rejuvenate



HAZELWOOD  
ESTATE



## Spa by Hazelwood Estate

Experience Australian luxury at its finest with our exquisite range of organic facials, massage and body treatments inspired by the riches of the Scenic Rim.





## PACKAGES

**Feel your cares melt away when you experience our immersive and holistic treatments.**

### ESSENTIAL SPA PACKAGE

(120 MINS | \$255)

Two hours of pure bliss tailored specifically to your needs. Combine an Eminence Organic Custom Facial or Body Wrap of your choice with a Full Body Relaxation Massage or Gentle Touch Foot Treatment.

### ULTIMATE DELUXE SPA PACKAGE

(180 MINS | \$380)

Be transformed with this complete head-to-toe healing ritual including a Full Body Massage, Body Wrap of your choice and an Eminence Organic Custom Facial.

## MASSAGE

**Perfectly situated to embrace the fresh mountain surrounds, Spa by Hazelwood is the ideal place to relax and restore.**

### RELAXATION MASSAGE

(60 MINS \$120 | 90 MINS \$165)

This deeply relaxing and soothing massage uses light to medium pressure to help reduce stress and tension whilst gently increasing circulation.

### MUSCLE RELEASE MASSAGE

(60 MINS \$140 | 90 MINS \$185)

This restorative treatment is specifically designed for tight, stressed and aching muscles. Using pressure point and stimulating movements to relieve muscle stiffness and tension, increase mobility and enhance muscle recovery.

### COUPLES MASSAGE

(60 MINS \$280 | 90 MINS \$370)

For friends, partners or family members who want to enjoy the delights of massage together. Our two treatment rooms open into one large space so you can share the experience.

### AROMATHERAPY MASSAGE

(60 MINS \$155 | 90 MINS \$195)

Calm the mind and body with our therapeutic aromatherapy massage. After dry brushing and cleansing the skin, we use specialised essential oils to ease stress from your muscles and rejuvenate the soul.

### HOT STONE MASSAGE

(90 MINS | \$180)

Let the warmth of the heated basalt stones penetrate into your body to relieve tired, aching muscles. Take on the energy of this ancient ritual and emerge in a state of deep relaxation.

### REMEDIAL MASSAGE

(90 MINS | \$190)

Designed to target a specific area of discomfort or injury, your qualified therapist will use a combination of myofascial release, trigger point therapy, neuromuscular therapy, joint mobilisation, and muscle energy techniques .



## EMINENCE ORGANIC FACIALS



### ARCTIC BERRY ILLUMINATING FACIAL (60 MINS | \$175)

*Increase collagen, lift, plump, firm & hydrate. Suitable for all skin types, especially mature skins.* The perfect all-inclusive peel and marine peptide infusion with zero downtime! This advanced anti-ageing treatment offers you a professional grade, three step antioxidant rich peel leaving skin smooth, firm and incredibly luminous

### BERRY REFINED GLOW FACIAL (60 MINS | \$160)

*Exfoliating, pore minimising & detoxifying. Suitable for all skin types, except sensitive skin.* This naturally exfoliating and stimulating peel cleanses the pores deeply and tones the look of the skin. The vitamin rich and antioxidant mix of berry juices, infused with spicy paprika, will nourish and refresh the skin while creating heat and oxygenating the blood. A cooling masque is then applied to create the "fire and ice" effect. This refining, rejuvenating and detoxifying treatment is certain to leave behind a youthful glow.

### MANGOSTEEN GENTLE RESURFACING FACIAL (60 MINS | \$160)

*Restore balance, brighten and renew. Suitable for all skin types, especially dull complexions and sensitive skin.* Featuring the antioxidant rich "super fruit" mangosteen, this facial works gently to even out your skin tone and smooth your complexion so you can get glowing again! Experience effective skin enhancers from a Lactic Acid Complex (Lactic Acid, Ribose, Red Clover Flower Extract) for a silky smooth, high-definition finish. Address the root cause of dull, tired, uneven-looking skin and gently resurface your complexion, minimise pores and refine your skin tone.

### EMINENCE ORGANIC CUSTOM FACIAL (60 MINS | \$160)

Unsure which Eminence Facial is right for you? One of our trained therapists can help guide you through the choices above or create a customised facial just for you! A curated treatment using a unique combination of the finest quality products from our Eminence range will be sure to delight your senses and deliver results your skin will love.



## HAND & FOOT THERAPIES

**In this truly peaceful environment, we invite you to indulge in our collection of result driven experiences to nurture the mind, body, and soul.**

### **GENTLE TOUCH HAND THERAPY** (30 MINS | \$75)

A nurturing treatment beginning with a gentle cleanse and exfoliation of the hands and forearms followed by a soothing hand and arm massage to soften and hydrate the skin.

### **GENTLE TOUCH FOOT THERAPY** (45 MINS | \$105)

Sooth tired and aching feet with this divinely relaxing and rejuvenating treatment. We begin by wrapping the feet in aromatic hot towels, then a gentle cleanse and exfoliation followed by a deeply soothing foot massage using a therapeutic healing balm. Feel the stress and tension simply melt away!



## BODY WRAPS

Indulge and pamper your skin with our range of luxurious full body wraps. After a gentle exfoliation we'll apply an all-natural, nourishing body masque. Cocooned in warm blankets we allow this to soak deeply into the skin while you enjoy a heavenly scalp massage. We then use hot towels to remove the masque and finish by gently applying a deliciously hydrating body cream to leave your skin feeling completely renewed.

**BODY GLOW-  
COCONUT AND VANILLA**  
(60 MINS | \$155)

Our most sensual and nourishing and hydrating wrap which will leave your skin feeling, looking, and smelling amazing!

**BODY BALANCE-  
AUSTRALIAN SANDALWOOD  
AND HONEY**  
(60 MINS | \$155)

Ground the mind and balance the skins natural oils with this calming and detoxifying yoghurt-based wrap.

**BODY BOOST-  
LEMON MYRTLE AND GINGER**  
(60 MINS | \$155)

Invigorate and revitalise! Lemon Myrtle is a natural anti-depressant and is known to bring peace of mind and focus. Combine this with its anti-inflammatory properties to ease muscle pain, ginger to improve circulation and a soothing aloe base, and you will float away feeling truly refreshed and replenished.





